



Senior Advisory Council
January 16, 2020 10:00 a.m.
Committee Room 3, 3rd Floor City Hall

Present: Connie Butler, Betty Konc, Audrey Garrett
Council: Councillor Angie Desmarais
Staff: Karen Walsh
Regrets: Sue Brown, Valerie King, Nancy Busch, Heidi Grzesina, Maggie Wahl – Horne
Guest: Lisa Coxon, Niagara Region - Northland Pointe

1. Call to order 10:07 a.m. Meeting notes
2. Motion to accept the agenda for January 16, 2020.
Deferred
3. Disclosure of Interest.
None
4. Motion to accept the minutes of December 12, 2019.
Deferred
5. Business Arising from the Minutes
6. Business

Lisa Coxon – Northland Pointe Adult Day Program
Activities, exercise program, lunch included - 15 clients a day, transport independent or with minimum assistance, would need a valid health card \$35.35 per day subsidy, Program is from 9:30 a.m. – 3:30 p.m. doors open from 8:30 a.m. – 4:30 p.m.

Website is <https://www.niagararegion.ca/living/seniors/programs/adult-day-service.aspx>

The program offer three free trial days before they register (minimum once a week registration)

Balance Program – VHWC and Friends over 55

Leisure Guide – Seniors Page – list of what services and programs exist (provincial programs, federal programs, regional programs and city-wide)

Angie to provide Karen with a list.

May – Niagara Age Friendly Event, (May 13th) Guest Speaker, portable equipment to test out balance.

a. Senior Advisory Council Initiatives

- i. Housing – working on housing strategy will include senior housing, accessible housing – affordable, - Fort Erie is also working on it.

Welland - Stop poverty initiate. Will be attending Social Determinates meeting.

- ii. Transportation (rural) – Region did a presentation to council to include the rural areas. Would need to discuss during budget

- iii. Health Care Services – letter sent to NHS, Medical Education Physician Recruitment Committee meeting, Doctors delivering social programs – out of the Cold

- iv. Social Participation – nothing

- v. Communication & Information – working on the list of services, include in Leisure Guide, Distribute – SAC Facebook, Karen to talk to Michelle and SAC to provide information for post. 211 doing a presentation at SAC March's meeting.

- vi. Volunteer Check in programs – snow buddies need volunteers or low cost contractors. Program does not work in Port Colborne (volunteer base).

Home Brokerage program – screen people to work for seniors for minimum wage (police check would required). Services for seniors

Luke send out an email to volunteers, once we have contact information.

- b. Age Strategy – Connie will work with Val (Angie distribute other areas Age Friendly Strategy) Karen to send Connie and Val Shape Niagara and all committee members
- c. June Senior Month – Farmer's market and an event at Library speakers and joining forces with Friends over 55. Fall prevention, power of attorney & power of care, create your own death binder, will, Health Services. In one package, public health.

Market Square – on the curb, once a month besides June, July, August, September with a package of information. Would need to decide which Friday of the month.

Let's Talk Series at Library

- d. Age Friendly Business – Karen – email to committee members to review timeline to present to BIA's (April), follow up in June and in July provide decals.
- e. Parks & Recreation Master plan – Most recommendations will fit seniors. But need to make sure seniors are included.

7. Age Friendly Network Meeting – next meeting January 22nd for event in Pelham in May, Next meeting in May.

8. New Business

None

9. Information/Correspondence

Crime stoppers – Betty send a letter in response.

10. Adjournment at 11:44 a.m.

Next meeting March 19th, 2020

DRAFT