



## Memorandum

**To:** Nicole Rubli, Acting City Clerk  
Saima Tufail, Interim Deputy City Clerk

**From:** Karen Walsh, Executive Administrative Assistant, Economic  
Development and Tourism Division

**Date:** May 24, 2022

**Re:** June is Seniors' Month Proclamation

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The Senior's Advisory Council would like City Council to proclaim June 1-30, 2022 as "Seniors' Month" in the City of Port Colborne.

The 2022 theme is Stay Active, Connected and Safe:

- Stay active is important for your health and quality of life. Staying mentally and socially engaged is also key to good overall health along with a healthy diet and a good night's sleep.
- Stay connected with your community. Social, cultural, learning and recreational programs help reduce social isolation and help seniors stay active, independent and engaged.
- Stay safe, protect yourself from serious illnesses with safe and reliable vaccines. Learn what financial support is available and protection from financial scams and fraud to help seniors stay safe.

Each June, the Government of Ontario proclaims that June is Seniors' Month to celebrate our seniors and to recognize the contributions they continue to make in our city.

Please see attached proclamation.

Sincerely,

Karen Walsh  
Executive Administrative Assistant,  
Economic Development and Tourism Division  
Staff Liaison for Senior's Advisory Council